

Membership Sign-Ups



FITNESS CENTER COMMUNITY PROGRAMS TRAILS ATHLETIC FIELDS

467 North Main Street, Penn Yan, NY 14527
OPEN 24 HOURS A DAY 7 DAYS A WEEK!!!

Membership Sign-ups & Renewals Front Desk Hours:
Mon. thru Thurs. 9am-6pm Fri. & Sat. 9am-Noon
(Hours will vary due to holidays, inclement weather and special events)

Professional Fitness Trainers & Fitness Classes Available!
Lose & Win Challenges Offered!
Corporate Rates Available upon request!

Rates:

Silver Sneakers and Silver & Fit insurance programs offered through participating insurance companies.
Please check with your insurance carrier today!

FREE memberships available for volunteering!

(All rates are subject to change without notice) Make checks payable to YCRR

Singles: One Day \$5 One Week \$15 One Month \$25
Six Months \$140 One Year \$250

Couples: One Month \$45 Six Months \$250 One Year \$395

Family: One Month \$65 Six Months \$400 One Year \$575
(Family of 4 included, additional charge per member over 4 members)

Each member will be required to purchase an access key fob for \$10.00.

Credit cards and debit cards accepted.
Automatic Withdrawal for Memberships is available
Gift Certificates

Cardio Equipment: 10 Life Fitness treadmills, Cybex ARC Trainer, 4 standing and 3 seated ellipticals, 2 stationary bikes, 1 recumbent bike, & a Schwinn Air Rower

**Strength Conditioning: 16 Nautilus full circuit machines
Nautilus Cable Crossover, Nautilus Smith Machine, Free Weights, and Multiple Benches & accessories**

www.yatescommunitycenter.org 315-694-1071